



Personal Assistant Services



A Full-Service Approach to Aging at Home

Even the most active older adults need an occasional helping hand. Our Personal Assistant Services are designed to meet your day-to-day needs, so you can continue living at home safely, comfortably, and independently.

Our personal assistants are responsible, resourceful, and friendly. They are experienced working with older adults and tailor their services to your unique needs.

Personal assistants can help with:

- Organizational projects and paperwork
- Technical support
- Accompanying you to appointments and errands
- Help with grocery planning and meal prep
- Managing your household
- And more, based on your needs

LEARN MORE TODAY

CALL 415-449-3700 OR VISIT seniorsathome.org

A Division of Jewish Family and Children's Services • San Francisco • Peninsula • Marin County • Sonoma County

If cost is an issue, you may be eligible for financial assistance funded by our generous donors.

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